The Detroit Institute of Arts &
The Autism Alliance of Michigan
Sensory Friendly Day

A welcoming experience for individuals with autism and their families

The DIA in conjunction with the Autism Alliance of Michigan’s MiNavigator offer the opportunity for families to come and experience an activity where staff members are trained in autism recognition, communication, and response.

2016
Rules to Remember During my Visit

1. Stay with my parents at ALL times.

2. Walking only - no running.

3. No touching anything without my parent’s permission.

4. No climbing on anything unless my parents say it is ok.

5. If I get lost, go to the place my mom and dad tell me to wait. I can also find a worker at Detroit Institute of Arts and give them my mom or dad’s phone number.
Time to Explore!

I can’t wait for Saturday, April 16th! I get to go to the Detroit Institute of Arts.

I get to go see so many pieces of art. I love art so much! There is so much to see and learn.

When I walk inside, I will look up to see the high ceilings. This makes the sounds in the room louder and echo. This museum is very old and may be cold inside.

Many people love art. There will be a lot of kids and adults around me when I look at art.

I need to keep my voice and feet quiet as I walk around the museum with my parent.

I am not allowed to touch the art because it is very old. I will look at the art with my eyes, and keep my hands to my sides, or in my pockets.

I will walk up and down the winding staircase so I can see more art. I need to walk slowly, and with the help of my parent.
The art comes from all over the world and everything I see is different. I can only take pictures with my camera flash off and only when museum volunteers say it’s okay.

Some art is inside small rooms and some art is inside big rooms. Remember! Quiet feet and quiet voices.

I will see paintings, pictures, or statues as I walk around.

Sometimes I will see faces of happy people and sad people. Sometimes I will see different shapes and colors.

There are different animals. I can only touch the donkey with the help of my parent. This is a piece of art that you are allowed to touch.

The Learning Center will have two different spaces for kids and adults:
- The CHILL ROOM if I get tired or upset and need to relax
- Hands-on time to make art

I will read the map to find more activities inside the museum. I will keep my eyes open for museum staff and volunteers. They are there to help me look at art and answer questions.

If I get hungry, I can go to the café with my parent. We can buy a snack here.

Thank you for coming!