



Sensory Strategies

Presented By: Candace Peterson MS, OTRL
Pediatric Occupational Therapist Consultant, AAoM

**#1 Most important consideration when your child is participating in sensory activities...
MONITOR YOUR CHILD'S RESULT!**

What do different types of sensory input do for your child?

- 1.
- 2.
- 3.
- 4.

Sensory Discussion

We can always talk to our children about their senses!

Co-Regulation:

Self-Regulation:

Vestibular Strategies



Proprioceptive Strategies

Tactile Strategies

Combining Activities

1. Vestibular
2. Proprioceptive
3. Tactile

How to set up a 'Reset Space' and what it can be used for:

Sensory Equipment