



Gross Motor Series: Play, Leisure & Social Participation

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List 3 play activities your child currently enjoys:

List 3 leisure activities that are important to your family and friend group:

List 3 social activities or events your family enjoys doing with others:

1.

1.

1.

2.

2.

2.

3.

3.

3.



PLAY

Identify

What is an interest your child holds?

Engage

How can you engage with them?

Pair

What can you pair with their interest to expand their play routine?

LEISURE



_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

List at least 2 new play, leisure or social activities you look forward to doing with your child?

1. _____

2. _____