



## Fine Motor & Autism Webinar Parent Tip Sheet

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The two different types of motor skills are \_\_\_\_\_ & \_\_\_\_\_ motor skills.

What are three examples of fine motor skills?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What are three examples of fine motor skills your child can do successfully?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What are three examples of fine motor skills your child has room to improve?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Which of these make fine motor skills more difficult for your child? (Circle all that apply)

Low muscle tone  
Weakness  
Motor planning

Visual-motor skills  
Posture  
Sensory processing

List three activities that you can start to do with your child now to help develop their fine motor skills.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_