



Understanding Your Picky Eater

My child demonstrates the following picky eating characteristics:

My child's picky eating may be affecting our daily life in the following ways:

General strategies to try with my child:

Verbal responses to avoid with my child:

Verbal responses to try with my child:

Play strategies to try:

Without touching:

Touching:

Mouth:

Bite/Chew/Swallow:

Examples of connections:

Touch:

Smell:

Sounds:

Environmental Considerations: