



Physical Literacy And Nutrition Education (PLANE)
a program where children with Autism and their families can soar!

This program is open for FAMILIES with child between 2 – 15 years of age who has Autism Spectrum Disorder (ASD)

This goal of this program is to promote positive trajectories of health and well-being for children with ASD and their families residing in and around Detroit.

INTERESTED IN ENROLLING YOUR FAMILY?
OR WANT MORE INFORMATION?

APPROVAL PERIOD



WAYNE STATE UNIVERSITY
INSTITUTIONAL REVIEW BOARD

SEP 08 2020 - SEP 07 2023

CONTACT:

LIGHTUP@WAYNE.EDU



**WAYNE STATE
UNIVERSITY**

Adapted Physical Activity Programs
for Children, Youth, and Young Adults in Detroit